

# Values Grab and Go Guide

## Our Values unite us on how we deliver Quality

We want to connect with your lived experiences in a more meaningful way – so we have evolved our values to inspire our present and future. They now make it easier for you to:

- Connect to our Mission, EVP and quality framework
- Foster belonging and inclusion
- Take ownership of our culture

### Integrity

We do the right thing and follow through on our shared commitment to quality.

### Relationships

We work together to deepen connections and collaborate for better outcomes.

### Compassion

We listen, advocate and act with urgency for those we serve and our colleagues.

### Innovation

We invent a better future by learning from the past.

### Inclusion

We welcome, value, respect and hear all voices and diverse points of view.

### Performance

We strive for high quality results in everything we do.

## Pre-work

Watch the Values video.

## Intro/Jolt activity (2 mins)

Think of a time you felt like you were at a high point in your life or having a peak experience.

- Describe the scenario and how it made you feel.
- Reflect on what core values were being expressed during that time.

## Demonstrating our values (10 mins)

- What do our values mean to you?
- Communicating values can inspire others and create connections. How can you share your commitment to our values with others?
- How do our values help you/your team deliver quality?
- How do we demonstrate these values through our work?
- What mindsets or behaviors can you/your team commit to?
- How can we keep ourselves and each other accountable?

## Next steps and close (2-3 mins)