

United Health Foundation and Texas Association of Community Health Centers: *Reducing Diabetes in Adults*

Texas Association of Community Health Centers (TACHC) has served as the state's Primary Care Association for nearly 40 years, providing training, technical assistance and quality improvement support to its members. TACHC's mission is to develop, educate, support and advocate for its member centers, their patients and the communities they serve. TACHC supports 74 Community Health Centers that collectively have more than 570 sites across Texas.

In 2020 the United Health Foundation, the philanthropic arm of UnitedHealth Group, and TACHC announced a four-year, \$2.5 million grant to provide training and technical assistance to support participating health centers in reducing the rates of poorly controlled Type 1 or Type 2 diabetes. According to *America's Health Rankings 2023 Annual Report*, diabetes continues to be at its highest prevalence in 30 years, affecting nearly 11% of Americans and 11.5% of Texas residents.



COMMUNITY IMPACT*

75,000+

patients with diabetes served

14%

reduction in the percentage of patients with poorly controlled diabetes

10%

reduction in patients' A1c levels

*2019-2023

WHY IS THIS WORK CRITICAL?



My diabetes was out of control, and it just seemed like I couldn't get any help anywhere, no matter where I went. This clinic is the one that helped me break through all that."

TEXAS COMMUNITY CLINIC PATIENT

