

United Health Foundation and Family First Health: *Expanding Access through a School-Based Health Center*

Family First Health is a Federally Qualified Health Center (FQHC) dedicated to providing accessible, high-quality health care at eight Pennsylvania locations across Adams, Lancaster, Lebanon and York Counties.

In 2020 the United Health Foundation, the philanthropic arm of UnitedHealth Group, and Family First Health announced a multiyear, \$2 million grant partnership to enhance primary care services and behavioral health and wellness resources at Family First Health's school-based health center located in Hannah Penn K-8 School in York. Hannah Penn's school district ranks among the highest in the state for acute poverty.

The program enabled community health workers to provide in-home support to families, including helping individuals manage chronic conditions, connecting those who qualify to insurance, and screening for and providing referrals to social supports. Additionally, the program supported initiatives such as a monthly hygiene kit distribution, a walking school bus for students, and wellness events for Hannah Penn teachers.



COMMUNITY IMPACT*

2,149

families engaged in school-based wellness programs

37%

reduction in number of students seen in the ED over baseline

38%

reduction in students testing positive for depression over baseline

8%

improvement in individuals with controlled diabetes over baseline

*2019-2023

WHY IS THIS WORK CRITICAL?



School-based health centers provide tremendous benefits to a community and bring access to care to those who need it the most. In addition to enhancing student wellness, one study showed just low to moderate use of school-based health centers by students related to a 33% lower likelihood of them dropping out of school."

JENNY ENGLERTH
CEO, Family First Health

