

United Health Foundation and Meta House: *Increasing Access to Care for Pregnant, Postpartum, and Parenting Women in Need of Substance Use Disorder Treatment*

Meta House is based in Milwaukee, Wisconsin and provides trauma-informed, family-centered substance use disorder (SUD) treatment to women across a continuum of care that includes inpatient treatment, outpatient services, and recovery housing.

In 2025, the United Health Foundation, the philanthropic foundation of UnitedHealth Group, and Meta House announced a three-year \$1.5 million grant partnership to increase specialized health care services for pregnant, postpartum and parenting women (PPW) experiencing substance use disorder. Through this grant partnership Meta House is providing services to support PPW with SUD, including transportation to and from prenatal and postpartum appointments, peer support at prenatal appointments, infant childcare, on-site medical services, parent coaching and nurturing classes, trauma-informed childcare, and infant mental health assessments, screenings, and interventions.



COMMUNITY IMPACT*

100%

of babies born in the program were born at or above a **healthy birth weight**

100%

of postpartum women who remained in treatment for at least a week received postpartum follow-up care

100%

of babies born to women who came to residential treatment at Meta House at least one month prior to giving birth were born substance free

19

new patients received prenatal care

**as of 9/30/25*

WHY IS THIS WORK CRITICAL?



In Milwaukee County, the need for comprehensive care is great, yet a lack of available resources often prevents women from accessing the critical care they need to find recovery and welcome healthy babies. This partnership will allow us to improve access to treatment for pregnant, postpartum and parenting women – and provide the integrated, comprehensive care they need to thrive.”

VALERIE VIDAL

Meta House President & CEO