

# UNITED HEALTH FOUNDATION

## United Health Foundation and La Clinica de Familia: *Expanding Access to Prenatal and Well-Woman Care*

La Clinica de Familia (LCDF) is a federally qualified health center serving individuals in and around Las Cruces – the second largest city in New Mexico and the largest city in Doña Ana County. LCDF provides health care services, such as primary, pediatric, obstetrics and gynecology, dental, and behavioral health care, to more than 30,000 patients each year.

According to *America's Health Rankings Health of Women and Children Report*, women in New Mexico have some of the nation's lowest rates of prenatal care and well-woman visits, both critical elements to ensuring a healthy pregnancy. To address this challenge, the United Health Foundation, established by the UnitedHealth Group, began a three-year, \$1.5 million grant partnership with LCDF in 2025 to enhance maternal and well-woman services in the region. LCDF established the Bienestar de la Mujer program to expand its women's health services, including prenatal care, to additional health centers in more geographically rural areas of the region. Additionally, the program also provides breastfeeding education and childbirth classes as well as one-on-one support for pregnant women with chronic conditions and SDOH needs through the additional of a Community Health Worker.



### COMMUNITY IMPACT\*

**1,240**

patients served by the program

**45%**

of new patients receiving  
prenatal care through the program  
receive it in the first trimester

**95%**

of babies born in the  
program were born at or  
above a healthy birth weight

\*as of 9/30/25

### WHY IS THIS WORK CRITICAL?



Accessible, high-quality prenatal and gynecologic services are critical to ensuring healthy pregnancies and strong families. Through this grant partnership, La Clinica de Familia will be able to provide these services in rural areas where patients would otherwise drive up to 45 minutes to the nearest clinic.”

**DR. STEPHANIE PEACE**

Director of Women's Health Center,  
La Clinica de Familia

