Hospital Consolidation Continues, Contributing to Higher Prices and Spending

It is well established that hospital consolidation, which occurs when hospitals or their affiliated health systems purchase independent hospitals and merge with other health systems, increases hospital prices^{1,2,3,4,5,6,7,8} and contributes to higher overall health care spending^{9,10,11,12} without improvements in quality.^{13,14,15}

Despite their adverse impacts, hospital consolidations have continued rapidly since the late 1990s.¹⁶



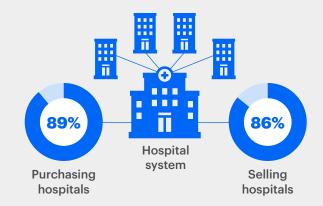
An estimated 1,164 hospital mergers occurred between 2002 and 2020, leaving fewer than 5,000 general acute care hospitals in the U.S., according to prior research.¹⁷

New research shows that 479 hospital mergers, acquisitions, and other consolidations or ownership changes occurred between 2016 and 2024.¹⁸

Recent Hospital Merger Activity

Among the hospital mergers and acquisitions where previously separate hospitals or hospital systems were recorded as the buyer and the seller, respectively, between 2016 and 2024:¹⁹

 89% of purchasing hospitals and 86% of selling hospitals were already part of a multi-hospital system, compared to 76% of all hospitals nationally.²⁰



Among the purchasing hospitals:



67% were privately owned not-for-profit hospitals²¹ – which are exempt from federal income taxes and some state and local taxes²² – compared to 49% of all hospitals nationally.²³



67% were 340B covered entities²⁴ – which receive significant financial benefit through manufacturer discounts on outpatient drugs²⁵ – compared to 43% of hospitals nationally.²⁶



60% were teaching hospitals²⁷ – which benefit from both direct and indirect federal payments supporting graduate medical education²⁸ – compared to 23% of all hospitals nationally.²⁹

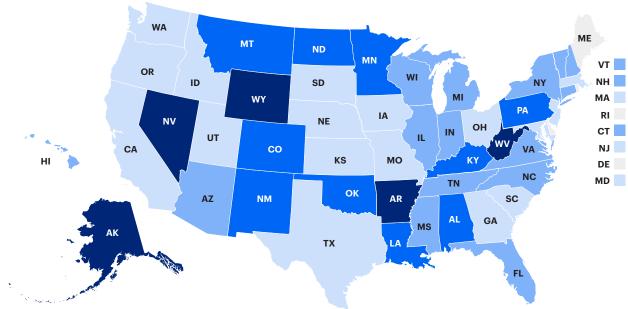
The scale of hospital consolidation highlights the ongoing potential for anticompetitive hospital practices to increase prices, drive higher spending, and harm patients and consumers.

Growth of Health Systems

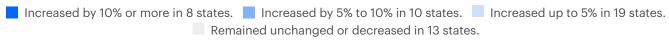
Hospital consolidation has fueled the continued growth of large health systems. Between 2016 and 2023:30

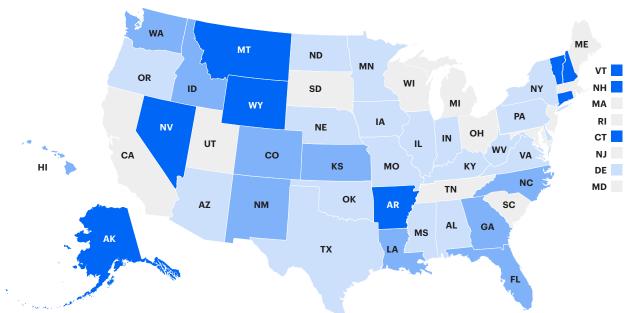
The share of hospitals that are part of a health system increased from 68% to 76% nationally, and the number of system-affiliated hospitals:





The share of hospital beds in system-affiliated hospitals increased from 89% to 94% nationally, and the number of system-affiliated hospital beds:





The share of revenue that went to system-affiliated hospitals increased from 93% to 97% nationally, and system-affiliated hospital revenue increased in all states.

Methodology

Hospital Consolidation Transactions

Avalere Health leveraged CMS's Hospital Change of Ownership (CHOW) dataset to identify consolidation events in the period from 2016 (the first year for which data are available) through 2024 and provide key insights into hospital and health system characteristics for buyers and sellers. The Q4 2024 CHOW Report was used. The CHOW dataset includes information on hospital acquisitions/mergers and changes in ownership with quarterly updates. Transactions recorded in the CHOW data include mergers and acquisitions, changes of ownership, and events where two or more hospitals consolidate into a new hospital or system. Buying and selling hospitals in these transactions may have matching or differing CMS Certification Numbers (CCNs). Transactions between hospitals with matching CCNs are included in the CHOW dataset because they can represent a change in the underlying legal entity or controlling interest of the hospital. The CCN serves as a constant identifier for the provider agreement between the hospital and the Medicare program, not for the ownership entity itself.

Certain data elements are not available for a small subset of hospitals included within the CHOW file. In most instances, this is because the hospital is not an acute care hospital. Where possible, Avalere Health identified missing data for these hospitals from other sources such as CMS Medicare Cost Reports. However, certain data elements, including teaching status and DSH percentage, are not consistently reported in cost reports for non-acute care hospitals. Inpatient Prospective Payment System (IPPS) Impact Files from respective years associated with the consolidation event were used to gather information on rural/urban classification, teaching status, and DSH percentage. For each year, the correction notice impact file was used. A smaller number of assessed hospitals were not included within IPPS impact files. For these hospitals, data from the cost reports were used to determine rural/urban classification and bed counts. CMS Medicare Cost Report data available annually through 2022 was used to identify the number of beds and discharges for the long-term care hospitals.

Avalere Health identified the system affiliation of the buyer and seller for the year of transaction by leveraging data from the AHRQ Compendia for 2016 through 2023. For transactions in 2017, 2019, and 2024, affiliation information was used from the 2016, 2018, and 2023 Compendia, respectively. Avalere Health used hospital linkage files released with the compendia to assign hospitals to health systems, matching on CCN.

Avalere Health gathered information on hospital city, zip code, hospital type (e.g., acute care hospital, critical access hospital), and hospital ownership using hospital general information files from the respective years associated with the consolidation event. Hospital general information files were only available beginning in 2018. For consolidation events in 2016 and 2017, data from hospital cost reports were used to determine hospital city, zip code, hospital type, and ownership type. Hospital general information files are released quarterly. For each year, the first quarter update was used.

Health Systems Growth Nationally Among Acute Care Hospitals

Avalere Health identified state-level trends in the share of acute care hospitals affiliated with a health system in 2016 and in 2023. Avalere Health examined the number of hospitals, beds, discharges, and total patient revenue by affiliation (i.e., independent vs. system-affiliated).

2016 and 2023 AHRQ Compendia were used to identify hospitals by state and their affiliations. The AHRQ defines health systems as having "at least one hospital and at least one group of physicians that provides comprehensive care (including primary and specialty care) who are connected with each other and with the hospital through common ownership or joint management," in addition to having at least one non-federal acute care hospital, at least 50 physicians, and at least 10 primary care physicians. The AHRQ assigns hospitals to health systems based on data from the American Hospital Association and IQVIA.

For 2023 data on beds, discharges, and total revenue, Avalere Health utilized the 2023 AHRQ Compendium. (For some hospitals, the AHRQ Compendium amount for 2023 appears to show the 2022 cost report data.) For the 2016 analysis, Avalere Health referred to the 2016 Medicare Cost Report for these data. As a result, 2016 results are limited to hospitals which appear in both the AHRQ Compendium and the Cost Report. (2024 revenue figures were not yet available at the time of this report.) 173 hospitals listed in the 2016 Compendium were not available in the 2016 Cost Report and were excluded from these counts. Many of these are subsidiary hospitals. 27 are independent and 146 have a health system affiliation in the Compendium.

Limitations of the CHOW Database

The Provider Enrollment, Chain, and Ownership System (PECOS) is the primary data source for the CHOW dataset.³² PECOS is an electronic Medicare enrollment system and a national data repository for individual and organizational providers who are enrolled or enrolling in Medicare. The primary purpose of PECOS data is to support Medicare's provider enrollment process and monitor fraud and abuse rather than to comprehensively and accurately identify complex hospital corporate structures, including ownership.³³ Data included in PECOS has several limitations.³⁴ PECOS relies on self-reported data that is difficult to verify, does not capture the full hierarchy of ownership entities, and often includes incomplete or inaccurate ownership information.³⁵ For example, many transactions in the CHOW dataset involve a buying entity that uses a limited liability company (LLC) created specifically for the transaction, which can obscure the identity of the true buyer.

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