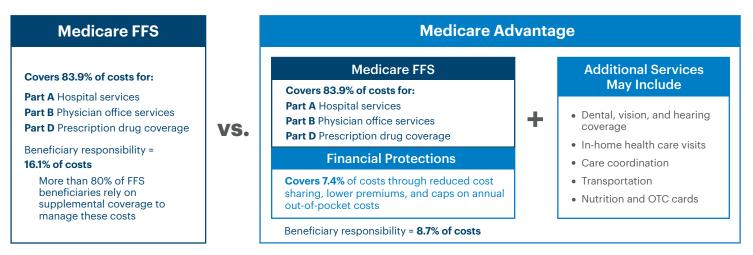
# Beneficiaries in Medicare Advantage Receive Better Value and Spend 45% Less than Beneficiaries in Medicare FFS

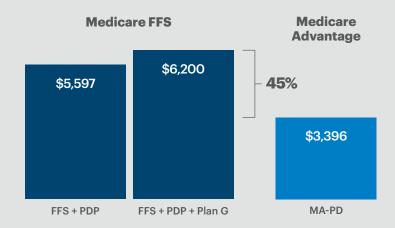
Beneficiaries in Medicare Fee-For-Service (FFS) receive coverage for hospital and physician office services and can purchase a prescription drug plan (PDP) for drug coverage under Part D; more than 80% of FFS beneficiaries rely on supplemental coverage for Medicare-covered services.<sup>1</sup> Medicare Advantage-Prescription Drug (MA-PD) plans cover the same services as Medicare FFS, include drug coverage, and typically offer additional protections and services, not covered by Medicare FFS, that support beneficiaries in staying healthy, improving care outcomes, and limiting the impact of unforeseen medical costs. Compared to Medicare FFS, MA beneficiaries with chronic conditions receive more preventive care and have fewer emergency department visits and hospital admissions.<sup>2,3</sup>

#### Differences in Benefits Covered by Medicare FFS and Medicare Advantage<sup>4</sup>



A beneficiary's estimated health care spending is a key factor in the choice between MA and Medicare FFS coverage, especially because half of Medicare beneficiaries live on fixed incomes below \$29,650 annually.<sup>5</sup> Health care spending—defined to include individual premiums and out-of-pocket (OOP) cost sharing for medical, pharmacy, and ancillary services—by an MA-PD beneficiary of average age (73 years old) and average health is 45% lower (\$3,396 vs. \$6,200 annually) than for a comparable beneficiary in Medicare FFS with a PDP and Medigap Plan G,<sup>6</sup> the most comprehensive supplemental coverage available to new Medicare beneficiaries to reduce OOP spending.<sup>7</sup>

#### Estimated Annual Health Care Spending by Comparable Beneficiaries, 2023<sup>8</sup>



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## Medicare Advantage Provides Better Value than Medicare FFS

MA plans are required to provide the same benefits as Medicare FFS; however, MA plans provide additional high-value services that reduce beneficiaries' health care spending and protect beneficiaries when health status changes unexpectedly.

#### **Financial Protections**



**Medicare beneficiaries can select MA at any age and will be guaranteed coverage regardless of health status or medical history.** In contrast, Medigap plans can require underwriting if beneficiaries do not enroll in Medigap plans when they become newly eligible.

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**MA premiums do not vary by age, gender, or health status,** while Medigap premiums do. In 2023, the average annual beneficiary premium is:<sup>9</sup>

- \$189 under MA-PD, regardless of age; and
- \$2,524 for age 65 and \$3,774 for age 85 under a PDP and Plan G.



**MA plans have annual maximum out-of-pocket (MOOP) limits for their beneficiaries**, while Medicare FFS does not.

• The average MOOP limit established by MA plans for 2023 is about \$4,680,<sup>10</sup> well below the \$8,300 regulatory maximum.<sup>11</sup>



#### Lower Premiums

- Part B premiums are lower on average for MA beneficiaries than for Medicare FFS beneficiaries.
- MA-PD beneficiaries have no-cost or low-cost prescription drug coverage.



#### **Reduced Cost Sharing**

- MA-PD drug formularies have lower cost sharing than those offered by standalone PDPs.
- MA beneficiary cost sharing is reduced for the use of high-value medical services, such as preventive care.

#### **Additional Services not Included in Medicare FFS**



#### Supplemental Benefits

- Dental, vision, and hearing services, over-the-counter (OTC) drug cards, and transportation to provider visits—which are not covered by Medicare FFS—are often included in MA plans for no additional premium and minimal beneficiary cost sharing.
- MA plans are addressing social determinants of health (SDOH) by connecting beneficiaries to government and community-based programs that provide financial supports, nutrition and meal delivery, and housing assistance.



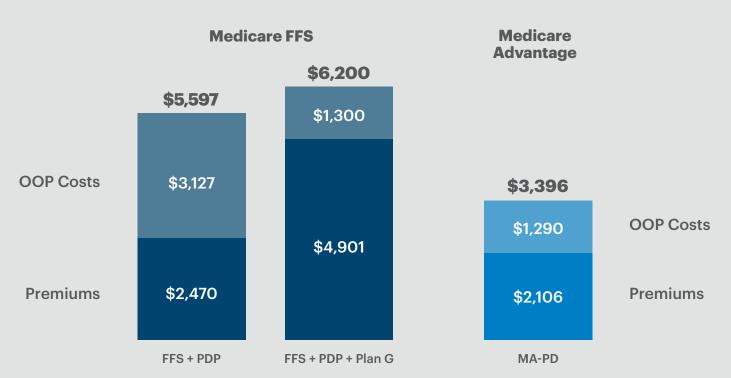
#### **Care Management**

- MA plans provide in-home health care visits and care coordination to assess health risks, identify preventive care opportunities, support care delivery, and reduce hospital admissions and emergency department visits.
- MA beneficiaries have access to high-quality provider networks.

With these financial protections and additional services, an average MA-PD beneficiary spends 45% less on premiums and cost sharing than a comparable beneficiary in Medicare FFS with a PDP and Plan G.<sup>12</sup>

## Beneficiaries in Medicare Advantage Experience Lower Health Care Spending

A beneficiary's own health care spending varies significantly by choice of health coverage.



#### Estimated Annual Health Care Spending by Comparable Beneficiaries, 2023<sup>13</sup>

A 73-year-old MA-PD beneficiary in average health spends:

\$2,201 Less than a FFS + PDP beneficiary
\$2,805 Less than a FFS + PDP + Plan G beneficiary

Note: The sum of individual components in this figure may not equal the total due to rounding.

#### A 65-year-old MA-PD beneficiary

in average health spends:14

**\$1,884 Less** than a FFS + PDP beneficiary

\$2,588 Less than a FFS + PDP + Plan G beneficiary ໍດິ ເ An 85-year-old MA-PD beneficiary

in average health spends:15

**\$2,737 Less** than a FFS + PDP beneficiary

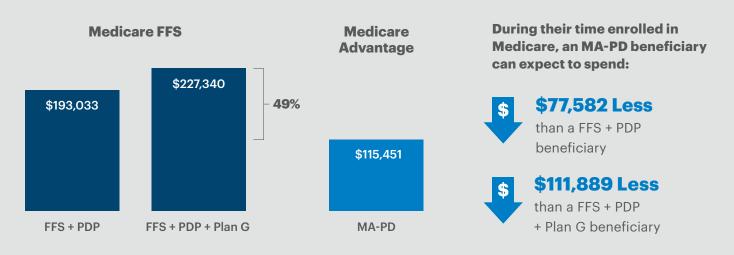
# \$3,256 Less

than a FFS + PDP + Plan G beneficiary

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### A Beneficiary in Medicare Advantage Can Save \$77,000 to \$112,000

A 65-year-old Medicare beneficiary will live, on average, for 21 more years.<sup>16</sup> During this time, total health care spending by an MA-PD beneficiary will be 49% lower than for a Medicare FFS beneficiary with a PDP and Plan G.<sup>17</sup>



#### Estimated Total Health Care Spending by a 65-Year-Old Beneficiary<sup>18</sup>

#### **Citations and Notes**

<sup>1</sup> Department of Health and Human Services, Assistant Secretary for Planning and Evaluation, "Medicare Beneficiary Enrollment Trends and Demographic Characteristics," March 2022.

https://aspe.hhs.gov/sites/default/files/documents/

f81aafbba0b331c71c6e8bc66512e25d/medicare-beneficiary-enrollment-ib.pdf The most common sources of supplemental coverage are individually purchased Medicare Supplement plans, employer-sponsored plans, and Medicaid.

<sup>2</sup> Avalere Health, "Comparing Detection, Treatment, Outcomes, and Spending for Patients with Type 2 Diabetes Between Medicare Advantage and Fee-For-Service Medicare," January 2023.

 $\label{eq:https://avalere.com/wp-content/uploads/2023/01/Diabetes-Progression-Whitepaper.pdf$ 

<sup>3</sup> Avalere Health, "Medicare Advantage Achieves Cost-Effective Care and Better Outcomes for Beneficiaries with Chronic Conditions Relative to Fee-for-Service Medicare," July 2018.

https://avalere.com/press-releases/medicare-advantage-achieves-better-healthoutcomes-and-lower-utilization-of-high-cost-services-compared-to-fee-for-servicemedicare

<sup>4</sup> Milliman, "Average Annual Beneficiary Health Care Costs for Various Medicare Coverage Options," September 2023, p. 8.

https://www.milliman.com/en/insight/average-annual-beneficiary-health-care-costs-for-various-medicare-coverage-options-2023

<sup>5</sup> KFF, "Medicare Beneficiaries' Financial Security Before the Coronavirus Pandemic," April 2020.

www.kff.org/medicare/issue-brief/medicare-beneficiaries-financial-security-beforethe-coronavirus-pandemic/

<sup>6</sup> Milliman, September 2023, p. 1.

<sup>7</sup> Centers for Medicare & Medicaid Services, "Compare Medigap Plan Benefits," Accessed July 10, 2023.

https://www.medicare.gov/health-drug-plans/medigap/basics/compare-planbenefits

- <sup>8</sup> Milliman, September 2023, p. 8.
- <sup>9</sup> Milliman, September 2023, p. 10-11.
- <sup>10</sup> Milliman, September 2023, p. 2. Beneficiaries who expect to spend over \$2,700 annually in OOP costs for Part A and Part B services over multiple years may incur lower OOP costs with FFS + PDP + Plan G than with MA-PD.
- <sup>11</sup> Centers for Medicare & Medicaid Services, "Medicare Program; Contract Year 2023 Policy and Technical Changes to the Medicare Advantage and Medicare Prescription Drug Benefit Programs; Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency; Additional Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency," May 2022.

https://www.federalregister.gov/documents/2022/05/09/2022-09375/medicareprogram-contract-year-2023-policy-and-technical-changes-to-the-medicareadvantage-and

- <sup>2</sup> Milliman, September 2023, p. 1.
- <sup>13</sup> Milliman, September 2023, p. 8.
- <sup>14</sup> Milliman, September 2023, p. 10.
- <sup>15</sup> Milliman, September 2023, p. 11.
- <sup>16</sup> Milliman, September 2023, p. 9.
- <sup>17</sup> Milliman, September 2023, p. 10.
- <sup>18</sup> Milliman, September 2023, p. 10.

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