

NEWS RELEASE



UnitedHealthcare Donates \$300,000 to Nonprofits in Nebraska

Funding is part of UnitedHealthcare's \$11.4 million in Empowering Health grants focused on expanding access to care and addressing the social determinants of health for people in underserved communities

LINCOLN, Neb. (July 22, 2021) — UnitedHealthcare, a UnitedHealth Group (NYSE: UNH) company, is awarding \$300,000 in [Empowering Health](#) grants to three community-based organizations in Nebraska to expand access to care and address the social determinants of health for uninsured individuals and underserved communities.

In total, UnitedHealthcare is donating \$11.4 million through Empowering Health grants across 18 states and the District of Columbia. The grants will assist individuals and families experiencing challenges from food insecurity, social isolation and behavioral health issues, and support local health promotion and health literacy efforts.

Grant recipients in Nebraska include:

- [University of Nebraska Medical Center College of Public Health](#) – \$140,000 to expand Project Echo, a training program for individuals who work in senior living facilities to address social isolation and behavioral health challenges with staff and seniors.
- [Alzheimer's Association](#) – \$85,000 to support services offered through caregiver support programming, including a helpline, community education, and diversity and inclusion outreach to communities affected by Alzheimer's.
- [Food Bank of Lincoln](#) – \$75,000 to support the Lincoln Fresh program, which increases access to fresh produce and healthy foods in high-need areas; and Getting Ahead classes, which offer useful tools and practical advice to help individuals and families who are directly affected by poverty.

“Social and economic factors have a profound impact on achieving and maintaining good health,” said Jeff Stafford, CEO, UnitedHealthcare Community Plan of Nebraska. “Through Empowering Health grants, we’re working with local organizations to provide Nebraskans with greater access to essential resources in high-risk and high-need communities so they can live healthier lives.”

Good health encompasses more than simply visiting a doctor's office. According to the American Journal of Preventive Medicine, nearly 80% of what influences a person's health relates to nonmedical issues, such as food, housing, transportation and the financial means to pay for basic daily needs. And for so many, the global pandemic has caused additional social and economic challenges that continue to affect healthy behaviors and exacerbate health disparities.

Since launching its Empowering Health commitment in 2018, UnitedHealthcare has now invested more than \$40 million in Empowering Health grants reaching more than 6 million people through partnerships with community-based organizations in 29 states.

UnitedHealth Group, including UnitedHealthcare and Optum, and its affiliated companies, is committed to reducing health disparities and building healthier communities by supporting programs to improve access to care and address key determinants of health. In Nebraska this includes more than \$1.8 million in contributions from 2018-2020 representing its businesses, foundations and employees.

Additionally, UnitedHealth Group has invested more than \$500 million in affordable housing communities since 2011, partnered with food banks and meal-delivery services, and in 2019 joined with the American Medical Association to standardize how social determinants of health data is collected and used to create more holistic care plans.

About UnitedHealthcare

UnitedHealthcare is dedicated to helping people live healthier lives and making the health system work better for everyone by simplifying the health care experience, meeting consumer health and wellness needs, and sustaining trusted relationships with care providers. In the United States, UnitedHealthcare offers the full spectrum of health benefit programs for individuals, employers, and Medicare and Medicaid beneficiaries, and contracts directly with more than 1.3 million physicians and care professionals, and 6,500 hospitals and other care facilities nationwide. The company also provides health benefits and delivers care to people through owned and operated health care facilities in South America. UnitedHealthcare is one of the businesses of UnitedHealth Group (NYSE: UNH), a diversified health care company. For more information, visit UnitedHealthcare at www.uhc.com or follow [@UHC](https://twitter.com/UHC) on Twitter.

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