

Coordinating Care in New York: Integrating Behavioral Health

New York State has one of the best primary care networks in the country, yet the state's behavioral health services still fall behind.



According to data from United Health Foundation's *America's Health Rankings*

New York Ranks



#29 in the nation
for adults who have reported
frequent mental distress



#25 in the nation
for number of days adults
reported poor mental health

To support the state's mental health needs, New York can build a stronger health care network through integration of behavioral health services into the primary care setting.

United Health Foundation has joined forces with New York's Regional Primary Care Network, and committed \$1.5 million to expand behavioral health services at Genesee Health Services at Rochester Regional Health, Rushville Community Health Center, and Utica Community Health Center.

Integrating Behavioral Health in the Primary Care Setting



TRAINING STAFF
to deliver culturally sensitive
interventions, to meet the
community's behavioral
health needs.



BUILDING INFRASTRUCTURE
to fully integrate care to give primary
care providers everything they need to
provide mental health and substance
abuse screening and intervention.



INTEGRATING NEW INTERVENTIONS
into RPCN's continuous quality
improvement process, to measure
success and ensure the sustainability
of all behavioral health services.

The Program at a Glance



Mental Health Services

- Screening is an important first step for intervention — RPCN screens teens and adults for depression in the primary care setting, and connects patients with resources for treatment.
- In 2016, RPCN provided 1,616 on-site behavioral health appointments.



Substance Abuse Intervention

- RPCN's program is equipping community health centers with the training and resources needed to screen for drug and alcohol abuse disorders, and to connect patients with the best possible interventions.
- Between 2015 and 2016, Genesee Health Services at Rochester Regional Health more than doubled the number of substance abuse screenings for adults in their network.

INCREASE IN
Depression
Screening
2015-2016



107% Genesee Health Services at Rochester Regional Health



206% Utica Community Health Center



72% Rushville Community Health Center



Behavioral Health Integration has allowed us to break down the barriers and stigma associated with those who need mental health services and fosters an environment of team-based collaboration between patients and providers.

MICHAEL LEARY | CEO, RPCN