

THE UNITED STATES OF AGING SURVEY

A stylized map of the United States is centered within the title. The map is divided into three colored regions: the western half is green, the eastern half is blue, and a small section in the south is orange. A white silhouette of a person with arms raised is positioned over the orange section, appearing to hold it up.

METHODOLOGY

- Penn Schoen Berland conducted 2,250 telephone interviews between May 10 and June 6, 2012, among Americans aged 60 and older:

Audience	Sample Size	Margin of Error
National*	1,000	+/- 3.1%
Upstate NY**	250	+/- 6.2%
Milwaukee**	250	+/- 6.2%
Miami**	250	+/- 6.2%
Dallas**	250	+/- 6.2%
Orange County**	250	+/- 6.2%

**National – Nationally representative sample of American adults aged 60 and older*

***Regional Oversamples – American adults aged 60 and older in five designated markets chosen to examine the differences and similarities in aging across America*



Dallas



Outlook

- 66 percent of Dallas seniors say the past year has been normal or better than normal, compared to 65 percent nationally
- 76 percent expect their quality of life to stay the same or get better over the next five to 10 years
- 52 percent are satisfied with their community's resources and services in regard to helping them lead a healthy and independent lifestyle, similar to 56 percent nationally
- 22 percent are still working either full or part time, similar to 24 percent nationally



Financial Security & Housing

- Two-thirds of Dallas seniors find it very or somewhat easy to afford their monthly living expenses, compared to 64 percent nationally
- 28 percent are either not confident that their financial plan will last for all of retirement, or do not have a financial plan, compared to 23 percent nationally
- If an accident or unexpected medical issue were to occur, 77 percent believe they would be able to pay any associated expenses, compared to 71 percent nationally
- 86 percent intend to continue living in their current home over the next five to 10 years
- 80 percent are confident that they will be able to stay in their homes without having to make any significant home modifications



Health & Wellness

- 77 percent of seniors with chronic conditions in Dallas are confident in their ability to manage their health conditions on their own, compared to 80 percent nationally
- 92 percent report that they manage their stress levels well
- 80 percent say they are confident that they will be able to do what is needed to maintain their health over the next five to 10 years
- 88 percent say they would be able to see a primary care physician in their community, while 54 percent believe they would be able to see a geriatric care physician
- 63 percent of Dallas seniors surveyed are confident in their ability to afford their Medicare premiums, deductibles and copays in future years



Community Accessibility

- 40 percent of Dallas seniors agree that their community helps them to lead a happy and healthy life, lower than 50 percent nationally
- 52 percent report that they are satisfied with the resources and services that their communities offer seniors
- 54 percent of Dallas seniors strongly agree that they feel safe when they walk in their community, compared to 61 percent nationally
- 45 percent of Dallas seniors agree that a high-quality public transportation service is available to them – lower than the national average of 51 percent



Family & Caregiving

- 50 percent of Dallas seniors have someone they consider a caregiver in their life, exactly in line with the national sample
- 87 percent of Dallas seniors with caregivers say they are being cared for by a family member
- 45 percent believe it is likely that they will need one of their children or grandchildren to care for them in the future, higher than 39 percent nationally
- 37 percent of Dallas seniors who serve as a caregiver for someone else report that they would benefit from additional services, like respite care

